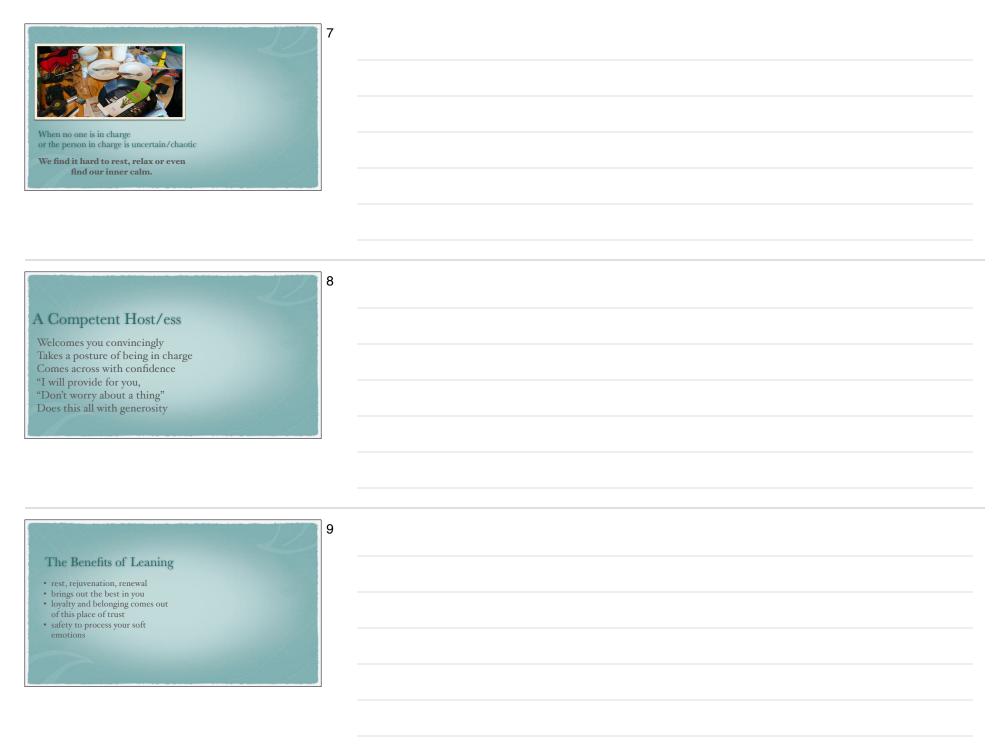
Three Instincts for Connection Leading and Leaning for optimal Relationship Building Ellenjanzen.com 2 Connection: Our pre-eminent need as humans Protect Provide • Recognize These instincts create connections that are designed to build trust. 3 Instincts Resemble Dance One partner is in the lead the other partner follows This can be passed back and forth between adults it can be a subtle in how it is determined



5 Self-Protection Corrupt leaders People who have their own best interests in first place • Children who have taken over as the decision makers Gut reaction: THIS DOES NOT FEEL RIGHT.







10

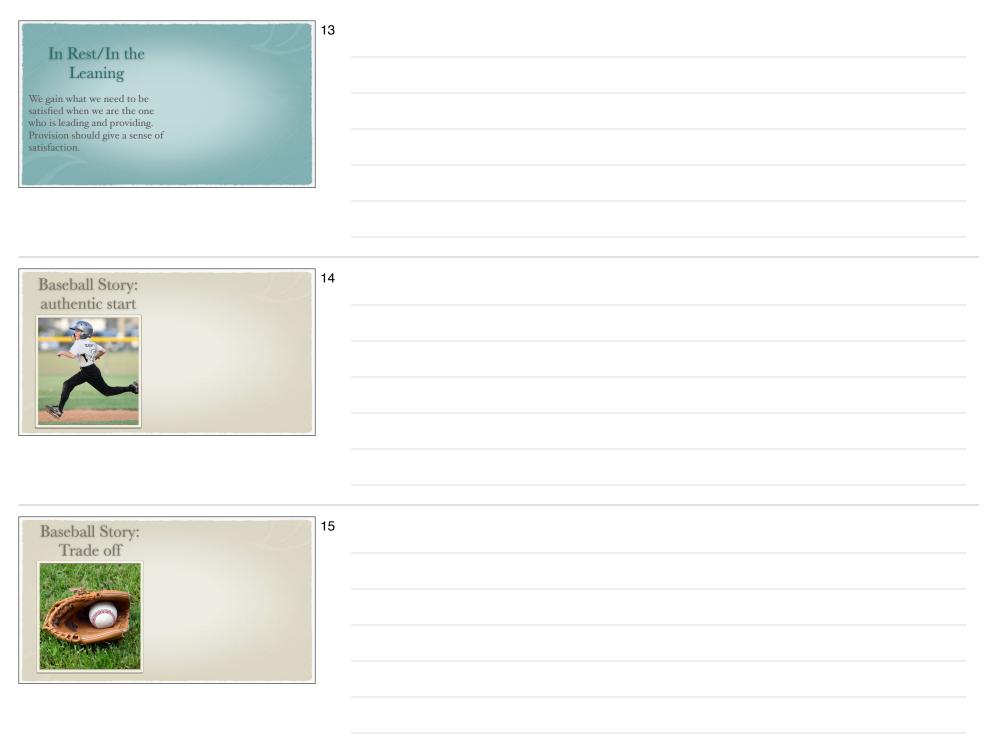
Cultural Influence

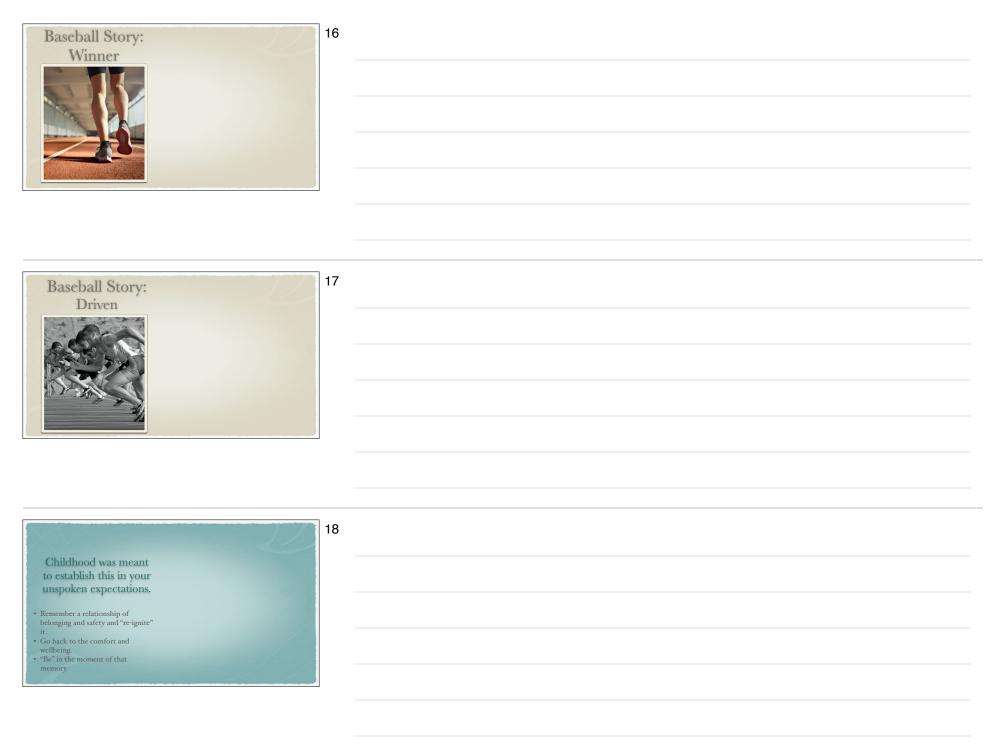
- * value on leaders who "provide"
- * instincts are an obligation—toward others
- * other cultures: more individualistic
- * more emphasis on getting what you need

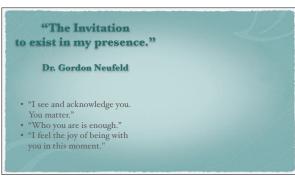
11



12





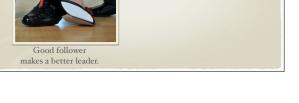














Sources and Resources:

For this video by source and resource is the work of Dr. Gordon Neufeld. He has many videos on Youtube. He calls this instinct the Alpha instinct, which seems to create some confusion for some people, so I avoid that term.

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